

Paris returns

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NOT BANNED

Liberals
drop
action
against
niqab

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CARLOS OSORIO/TORSTAR NEWS SERVICE

Justice Minister Jody Wilson-Raybould called new Canadian **Zunera Ishaq**, pictured here, to tell her there will be no niqab ban.

China welcomes Mayor Watson

FOREIGN RELATIONS

**Ottawa business
representatives
aiming to boost
their profiles**



**Lucy
Scholey**
Metro | Ottawa

It was not long after his 13.5-hour flight to Beijing that Jim Watson was whisked off to his first meeting.

Shortly after touching down in China's smoggy capital on Monday evening, the mayor was led into a small ornate room lined with gold plush chairs and a red decorative rug. Green tea was served in what some dub the "VIP room" of the Beijing airport, saved for special visits like this one.

It's where Li Hui, the deputy director-general of China's ministry of foreign affairs, greeted the mayor. Speaking through a translator, the two spoke of Beijing's push to cut down on traffic and

environmental woes. The smog has reduced visibility to about a kilometre and apparently that's an improvement from a few days ago.

"You have brought the wind to our city," said Li. It was a warm welcome that set the tone for the start of Watson's overseas visit this week, which includes a stop in Bangkok.

Here in Beijing, the mayor's visit is a big deal. That's why Invest Ottawa has paid for him to fly overseas on his second China mayoral trip since 2013.

The 15 Ottawa business delegates attending this trip are hoping the special sojourn will boost their business profiles to potential Chinese investors.

Watson is also here on his own business. He made a quick pitch to Li about Canada's 150th anniversary celebrations in 2017. He wants Chinese tourists to be among the 1.75-million more tourists expected to flood the city that year.

Tuesday, Watson will meet the Beijing mayor before visiting the high-tech Haidian District and the Canadian Embassy.

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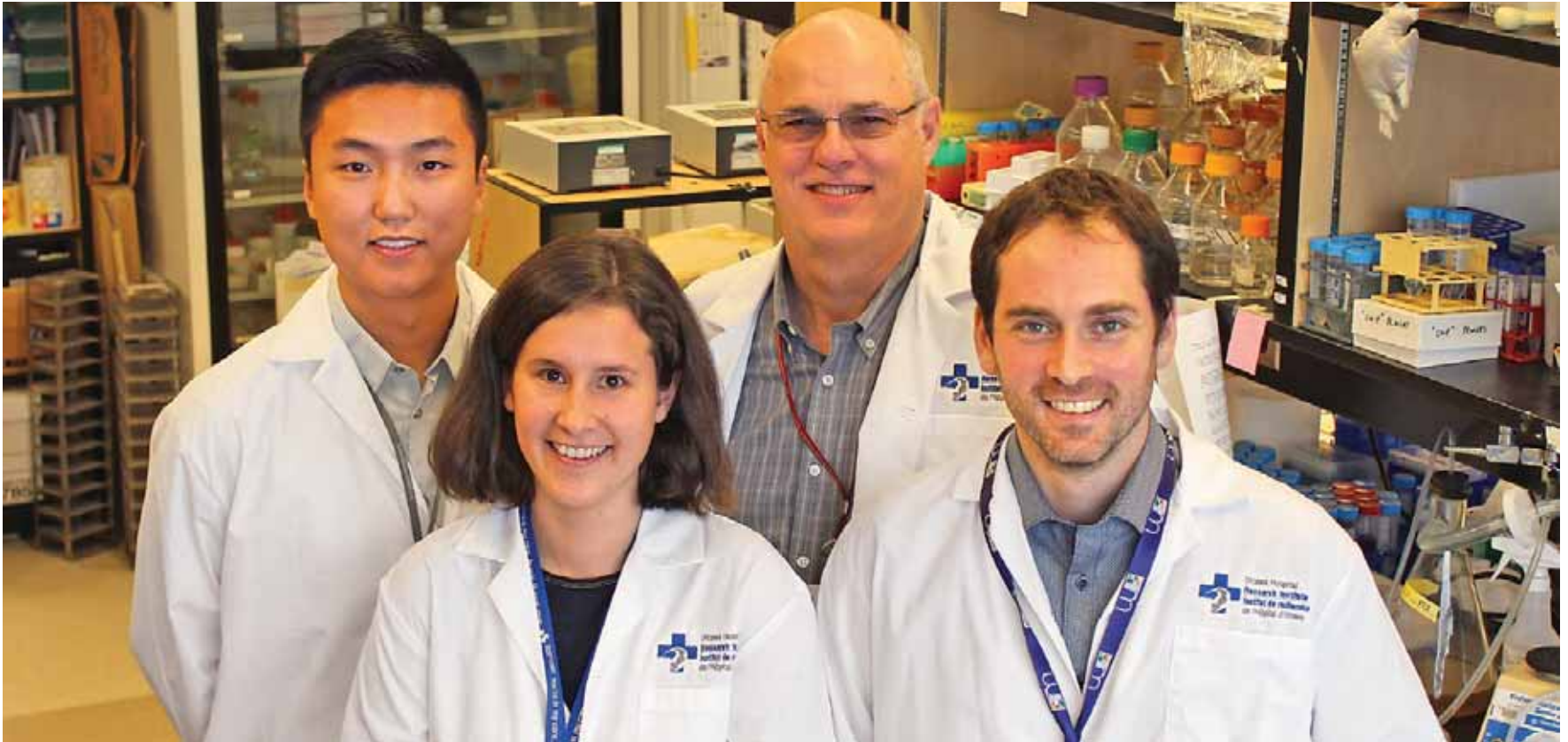
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Research team members, from left: Will Wang, Caroline Brun, Dr. Michael Rudnicki and Dr. Nicolas Dumont are shown in a handout photo. **Canadian researchers have made a discovery about muscle stem cells that will have profound implications for individuals afflicted by the disorder.** THE CANADIAN PRESS/HO-OTTAWA HOSPITAL RESEARCH INSTITUTE

Defective stem cells behind muscular dystrophy: Study

HEALTH

Researchers say findings may lead to treatment plan

Canadian researchers have made a discovery about muscle stem cells that may lead to more effective treatments for Duchenne muscular dystrophy, a degenerative disease that primarily affects boys.

The genetic disease causes muscles to deteriorate over time due to a lack of dystrophin, a protein involved in the repair of muscle fibres damaged by injury, exercise or just the tasks of everyday living.

Those affected by Duchenne muscular dystrophy, which occurs in about one in 3,600 births, typically die in their late 20s or early 30s, usually of respiratory failure or cardiac disease caused by weakened and scarred lung or heart muscles.

"For nearly 20 years, we've

thought that the muscle weakness observed in patients with Duchenne muscular dystrophy is primarily due to problems in their muscle fibres, but our research shows that it is also due to intrinsic defects in the function of their muscle stem cells," said senior author Dr. Michael Rudnicki, director of the regenerative medicine program at the Ottawa Hospital Research Institute.

"This completely changes our understanding of Duchenne muscular dystrophy and could eventually lead to far more effective treatments."

Rudnicki's team determined that the protein dystrophin is present not only in muscle fibres, but also in muscle stem cells. Those stem cells give rise to precursor cells, which in turn generate new fibres to build and repair muscles throughout the body.

But in Duchenne muscular

dystrophy, the stem cells are deficient in dystrophin, Rudnicki said.

"So the loss of dystrophin in the muscle fibres causes the muscle degeneration, and the loss of dystrophin in the stem cells means that they can't repair that damage," he said.

"And so the two together produce the full-blown disease."

Without the protein, stem cells produce ten-fold fewer muscle precursor cells, he said.

The study, published Monday in the journal *Nature Medicine*, was conducted in mouse cells, but the findings are expected to be the same in humans.

Rudnicki said the discovery should have profound implications for treating the disease.

"I think that down the road, it's possible we will be able to repair those deficiencies of the stem cells using drugs," he said.

+ REASON TO HOPE

Dr. Ronald Worton, who headed the Toronto Sick Kids team that isolated the mutated gene behind Duchenne muscular dystrophy in 1986, lauded the discovery that muscle stem cells are also involved in the disease.

Worton, now retired, said even with the gene identified, "it became clear to us and I guess to all scientists in the field that this was going to be really tough to fix."

"This discovery from Michael (Rudnicki) is a pretty big step in thinking about how ... we stimulate the regeneration of muscle" he said. "And even if it doesn't totally block the disease or cure the disease, if you can keep the kids alive until they're 50 instead of 20 and let them have reasonable mobility, that would be a big step forward."

THE CANADIAN PRESS

"If we can repair the stem cell deficit ... that may well significantly ameliorate the disorder."

With the new discovery, she hopes scientists will be able to zero in on drugs that target the lack of dystrophin in stem cells

and prolong the lives of those affected.

"Frankly, we live, breathe and eat hope because if you had to just deal with it with no hope on the horizon, it would be pretty overwhelming. THE CANADIAN PRESS

3,600

Duchenne muscular dystrophy occurs in about one in every 3,600 births.

Late 20s

People affected by the disorder typically die in their late 20s, but can live into their early 30s.

Liberals forging ahead with Syrian refugee plan

Paris

Attacks by ISIL underscore need to accept people: Advocates



Michael Woods
Metro | Ottawa

The Liberal government remains steadfast in its pledge to resettle 25,000 Syrian refugees by the end of the year — despite calls to suspend the plan in the wake of Friday's terrorist attacks in Paris.

And advocates say the attacks that killed 129 people highlight the need to offer refuge to those fleeing the violence and persecution of the so-called Islamic State of Iraq and the Levant, which claimed responsibility for them.

"This is the time to strengthen our resolve and recognize how absolutely important it is that we offer safety and protection to refugees," said Alex Neve, secretary general of Amnesty International Canada.

"It would be cruel and unjust to now punish them, to deny them the safety and protection that they so desperately deserve."

Heritage Minister Mélanie Joly said Canadians will not be divided by such events, and emphasized that Canada is a country built on social cohesion.

"We must make sure that we stay united, that we don't fall into intolerance," she told reporters in Ottawa.

"It's important to show that Canada is an inclusive society, which will welcome great people that will be coming in soon."



Migrants wait to register with the police at the refugee centre in the southern Serbian town of Presevo, Monday. Refugees fleeing war by the tens of thousands fear the Paris attacks could prompt countries around the world to close their doors.

DARKO VOJINOVIC/THE ASSOCIATED PRESS



It would be cruel and unjust to now punish them, to deny them the safety and protection that they so desperately deserve.

Alex Neve, Amnesty International

Not everyone is on board with the plan, but Neve said the proper security checks can be done quickly with enough resources. "There is no trade-off between

offering protection and being smart about safety and security," Neve said.

"There is no one who has ever suggested ... that we should be

bringing refugees from Syria or anywhere into the country without carrying out thorough, effective security screenings.

"We can do security checks and process refugee applications quickly if we resource it well."

Others pointed out that while one of the Paris attackers may have come into Europe with Syrian migrants, the other six were French or Belgian-born.

Health Minister Jane Philpott says she hopes the government will have more details this week on the plan, which she said will be mindful of health and security concerns.

"While Paris is a tragic situation ... we have always known there are risks involved in this but we have always said we will be responsible and we will be address those risks in a responsible way," she said.

NATIONAL SECURITY

Attacks raise questions

Last week's deadly attacks in Paris underscore the need to go after the so-called Islamic State of Iraq and the Levant at its source, says one Canadian intelligence expert.

The co-ordinated massacre of 129 people in the French capital has led to questions about how the country's intelligence agencies could have missed the plot and whether other countries could be more vigilant.

"The challenge that we are facing is that the upper hand is always with the terrorists," said Michel Juneau-Katsuya, a former senior intelligence officer with the Canadian Security Intelligence Service. "The nature of the threat is that they can strike anywhere, anytime, anybody they want."

Juneau-Katsuya said that with this month's downing of a Russian plane and the Paris attack, ISIL has "just cranked up their game to an even higher level of sophistication."

"So it's really time now to look at the source of the problem, and to tackle the source of the problem," he said.

Canada's threat level remained unchanged after the Paris attacks, but Public Safety Minister Ralph Goodale said in a statement over the weekend that "Canadian national security and law enforcement partners vigilantly monitor all potential threats and have robust measures in place to address them."

"Canadians can be assured that when the security and intelligence sector receives credible warnings on a specific threat, they work with the appropriate partners to ensure the safety of Canadians," he said.

The Liberals have pledged to repeal aspects of that bill and withdraw Canada's CF-18s from the fight against ISIL.

MICHAEL WOODS/METRO



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**OTTAWA
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Plaques in city to honour Fathers of Confederation

CANADA 150 CELEBRATIONS

32 places identified as former residences

The federal department overseeing Canada 150 celebrations is embarking on a capital-wide project to place commemorative plaques at locations where 15 Fathers of Confederation made a home during their time in Parliament.

In all, there are 32 spots that the department identified as former residences to politically historical figures, including Sir John A. Macdonald, Sir Charles Tupper, Thomas D'Arcy McGee, and Sir Oliver Mowat.

Six homes remain intact and have a heritage plaque that mentions a Father of Confederation once lived there. Six more former residences no longer exist, but the buildings in their place have a heritage plaque.

That left 20 former residences for the department to identify and prepare for plaquing.

After Confederation, 11 of the key figures who brought the country together moved to Ottawa after joining the House of Commons, but four more also lived in Ottawa after the country was born.

Many lived in hotels or rooming houses that were affordable and where the food was decent. Many simply paid for a room in whatever housing was available.

In time, some bought homes in what were the upscale neighbourhoods in post-Confederation Ottawa.

The intervening decades have meant that all but six of those homes are still standing as development and construction changed the landscape of the capital. Where once stood homes now stand office towers, government buildings, monuments, new homes to replace older ones that burned to the ground, and, in some cases, parking lots.

One spot where Sir Charles Tupper lived is now the headquarters for the Canadian Red Cross, while the other location is home to another Canadian icon: a Tim Hortons.

In late July, the department announced a plaque would be placed on the former home of Sir George-Etienne Cartier.



Commemorative plaques are being placed at locations where 15 Fathers of Confederation — including Canada's first prime minister Sir John A. Macdonald, pictured — made a home during their time in Parliament. NATIONAL ARCHIVE OF CANADA/THE CANADIAN PRESS

The plaque will adorn the site of what is now the Hotel Indigo — one of two addresses where Cartier lived. The other location is around the Confederation Building where MPs have offices.

On July 31, the date the Cartier plaque was announced, then-heritage minister Shelly Glover had approved a plan to place plaques at 19 more sites. The recommendation Glover signed off on lists the cost of the first plaque between \$19,000 and \$21,500. Every

additional plaque would cost between \$7,000 and \$9,500.

Based on those estimates, the cost for all 20 plaques would be between \$152,000 and \$202,000.

The details are in a briefing note to Glover obtained by The Canadian Press under the Access to Information Act.

Patrice Dutil, a professor in the department of politics and public administration at Ryerson University in Toronto, said heritage plaques give a sense of citizenship and com-

munity for anyone who stops to read them.

"I think it helps tourism, I think it instructs citizenship. I think it reminds Canadians that they do have a past and it's not an American past, it's a Canadian past and we don't do enough of it," said Dutil, who openly admits to stopping at and reading any plaque he finds.

Plaques are a relatively cheap way to give visitors to the capital exposure to the basic outline of Canadian history and the most well-known historical figures, said Paul Litt, a history professor from Carleton University. They also give anyone reading them a way to connect with an otherwise distant historical figure or event, he added.

A spokesman for Canadian Heritage wouldn't say when plaques would be in place. Simon Rivet said marking the homes was an "opportunity for Canadians to learn more about their history."

The briefing note to Glover shows the department could have gone in a different direction. Officials raised the idea of an app-based guided tour that would identify the locations of homes and have "rich interpretive content." This could be done relatively easily, the department said, by adding another tour strand to an existing capital tours app and cost about \$5,000.

It's not clear why department officials recommended against the app.

THE CANADIAN PRESS

PRIME MINISTERS' ROW

Sandy Hill vows to be different



Haley Ritchie
Metro | Ottawa

Canadian Heritage may have approved a series of plaques for the Fathers of Confederation, but a different homegrown history project is still underway along Laurier Street East.

A proposal by Sandy Hill residents for plaques and ceremonial arches along "Prime Ministers' Row" has morphed into a full proposal for a "street museum" in downtown Ottawa.

"We're looking at pretty significant programming," said organizer Leanne Moussa. "The project has really grown."

Moussa said the organizers are planning some major announcements of their own later this month.

The Prime Ministers' Row project wants to call attention to forgotten history in Sandy Hill's historic Laurier Street East.

Right now, you'd never know that the giant mansions and converted apartments have been home to eight prime ministers, seven Fathers of Confederation, and a First World War flying ace.

There's a geographic overlap between the Fathers of Confederation residences and the buildings along Prime Ministers' Row, but Moussa said the similarities between the two projects stop there.

"We think it's a great idea, but our projects are pretty different," said Moussa. "Historical plaques are a very small part of what we're looking at."

For one, Prime Ministers' Row is really excited about incorporating multimedia. The federal Fathers of Confederation project decided against building an app or incorporating digital tools.

Rideau-Vanier ward Coun. Mathieu Fleury said both projects are exciting and have "a lot of synergy."

He said he likes the idea of getting tourists and visitors going beyond the parliamentary precinct to discover the country's history.

It helps that much of that early history took place in his ward, where many state makers and prime ministers resided just a half hour's walk from Centre Block.

"I'm biased, because many of these residences are in my ward," he admitted. "I think 2017 is a really timely opportunity for Prime Ministers' Row to become real and develop."



I think it reminds Canadians that they do have a past and it's not an American past, it's a Canadian past.

Patrice Dutil



There will be no cider wars, promises the owner of Flying Canoe Hard Cider, one of two companies racing to be the first in Ottawa's hard cider market. CONTRIBUTED

Cider bottler comes on hard

CROWDFUNDING

Nepean-based Flying Canoe aims to be on shelves by 2016



Haley Ritchie
Metro|Ottawa

Last week, Metro reported on Andrew Craig, a local food entrepreneur who is crowdfunding on IndieGoGo to start bottling "Vintage Hard Cider."

His operation, based out of a farm Ramsayville, would be the first local cider in Ottawa — if someone else doesn't beat him to it.

It turns out Vintage Cider will soon be facing friendly competition from Pete Rainville and his up-and-coming Flying Canoe Hard Cider, based in Nepean.

"I'd really like to be the first cider in Ottawa," said Rainville.

"But it's great that we'll also have a cider like Vintage around. We can offer a lot of different products and tastes."

Aside from being a cider enthusiast, Rainville is currently the chief operating officer of HLS Linen and has experience in both advertising and business.

"I have a passion for making things, especially hard cider, and I want to make this grow and show my kids that you can do something on your own and make it successful," he said.

"The business side of me

wants to make something develop from a seed and watch it grow.

"Hopefully (I'll) employ people and give back to the community," he said.

Right now Rainville is working on financing the operation, getting equipment and the application process, but if all goes well he hopes to be selling by August 2016.

Rainville insists there is no impending cider war in the city.

"I think competition is good and working together is great," he said.

"We need a lot more, not

ing international hard cider market.

"Ontario is the largest apple-growing province in the country," he said. "The potential here is huge for the province to become an exporter. This doesn't happen every day — there's an entirely new market for cider worldwide."

Apples grow across Ontario, but Ottawa-area growers could get a real boost if local cider takes off here.

Rainville already has signed a letter of agreement with Smyth's Apples, home of the original McIntosh apple.

He hopes to make his cider



Ontario is the largest apple-growing province in the country. The potential here is huge for the province to become an exporter.

Tom Wilson

just microbreweries, but micro-cideries."

The good news is that there's plenty of room for more cideries in the market, according to Tom Wilson, chairman of the Ontario Craft Cider Association.

"This is the next craft brew times two, potentially," he said.

The province is currently in the process of passing Bill 110, which would help the local industry grow by giving craft cider producers better tax rates that benefit local beer and wine producers.

Wilson said he's hopeful that similar changes will help the local market expand and gain a foothold in the grow-

preservative free and use local apple juice.

Craig's Vintage Cider is built on the same commitment to local produce. While eventually he plans to grow apples on his farm he's also working on agreements to source apples from nearby growers.

+ SALES BOOST

Over the past five years, cider sales at the Liquor Control Board of Ontario have grown close to 300 per cent, but Wilson said only around nine per cent of those sales are domestic.

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THIS WEEK: **Cavity Risk Factors**

VIDEO

City calls arrest of bus rider proper



Joe Lofaro
Metro | Ottawa

The city says a special constable seen in a viral video forcibly removing a woman from an OC Transpo bus on the weekend acted appropriately, following an investigating into the altercation.

Transit user Cody Purcell recorded the incident on his smartphone Saturday morning and shared it publicly on his Facebook page. As of Monday afternoon, the 80-second video has been viewed more than 77,000 times.

The first few seconds of the shaky recording show a constable dragging a woman off the bus at Billings Bridge station. The video then shows a scuffle and the woman falling to the ground before she is detained by the officer and a second one who arrives on scene shortly after.

Purcell claims the officer "threw the woman to the ground," causing her to injure her head.

"It appeared she hit her head on the pavement because she was holding her head," said Purcell.

"I didn't really approve of what I was seeing. A man putting his hands on a woman and hauling her off a bus. It doesn't fit right into my head. What if that was my mother?" he said, adding that the officer could have been a "little more gentle."

"I think there could have been an alternative way to handle the situation."

According to a statement from Tory Charter, assistant general manager of transit operations, the woman had caused a disturbance on the bus and refused to provide proof of payment to the operator.

"When the passenger refused to leave the bus and began assaulting another customer, the special constable placed the passenger under arrest and removed her from the bus," said Charter.

Charter said the woman was not injured.

Several people are reacting to the video on social media. One commenter on Reddit who claims to have been a witness to the incident said the video does not show that the "woman punched the special officer as well as tried to kick him before she was taken to the ground."

Purcell said he did not see that take place but did witness her resisting.

Trudeau's Liberals dump pursuit of ban on niqabs

CITIZENSHIP

Minister calls crusader to tell her appeal will not go forward

Justice Minister Jody Wilson-Raybould said she personally called new Canadian Zunera Ishaq to tell her that the government was officially dropping its legal pursuit of a ban on niqabs at citizenship ceremonies.

Ishaq, a Muslim who wears the religious face covering, had been fighting the government in

court over a Conservative policy that sought to force people to show their faces while taking the oath of citizenship. She felt the policy infringed on her religious freedom.

Individuals are still required to bare their faces to an official for identification purposes before the ceremony.

The niqab became a subject of debate during the federal election campaign, with the Conservatives pushing their position in television advertising and fundraising appeals. The Liberals and NDP argued the policy violated respect for minority rights.

"Our government takes the



We embrace diversity and respect the fundamental freedoms of all Canadians.

Justice Minister Jody Wilson-Raybould

perspective that we embrace diversity and respect the fundamental freedoms of all Canadians, and this is the start of the work that we're going to do as a government in terms of ensuring those values are protected," Wilson-Raybould told reporters Monday.

In September, the Federal Court of Appeal ruled against the Conservative government,

rejecting the argument that requiring people to show their faces during the oath was consistent with Canadian values of equality and social cohesion.

Ishaq, who came to Canada from Pakistan in 2008, was ultimately able to obtain her citizenship during the federal election campaign.

The Conservatives had sought leave to appeal the matter to

the Supreme Court of Canada, but Wilson-Raybould said her department would no longer pursue that.

Wilson-Raybould also noted that there was nothing in the Citizenship Act that required people to show their faces. Instead, as the department had conceded under the previous government, the requirement was an unlegislated yet mandatory policy guideline.

The minister said she did not know how much money the government would save by abandoning the appeal, nor how much it had already spent.

THE CANADIAN PRESS



DISEASE NO JOKE: GET POKED Health Minister Jane Philpott receives her annual flu vaccine in Ottawa on Monday. Philpott is encouraging Canadians to protect themselves against this year's seasonal flu. FRED CHARTRAND/THE CANADIAN PRESS

City wraps up community clinics for flu vaccine



Haley Ritchie
Metro | Ottawa

Ottawa Public Health wrapped up public clinics at city hall on Monday but is still encouraging residents to get the vaccine at pharmacies and doctors' offices.

As of Monday, the health authority had given close to

7,500 flu shots at community clinics.

That's compared to 12,000 flu shots given at clinics last year, according to a Public Health board meeting in June.

Spokeswoman Donna Casey said the lower numbers are a result of the city offering 12 community clinics compared to last year's 19.

"(Ottawa Public Health) has focused on making the flu vac-

cine more available in the community, including 170 pharmacies that are open long hours and are located throughout the city," said Casey.

Also new this year was FluMist, the first non-injectable vaccine, available to children between two and 17 years old. Young Ottawa residents could receive the nasal spray at the clinic instead of a needle.

Starting last Friday, Public

Health began distributing the spray to doctors and pharmacies, meaning it's still available if residents missed their chance at clinics.

Clinics for children under five years of age are continuing until Jan. 15. Appointments at Constellation Drive and Centrum Drive in Orleans can be made by calling Public Health.

Casey said 250,000 flu vaccines have been given this

year at doctors' offices, pharmacies, hospitals, long-term care homes, retirement homes, workplaces and health-care agencies.

A full list of participating pharmacies will remain on the Ottawa Public Health website.

Children under five years of age cannot get the vaccine at a pharmacy; parents should instead head to clinics or their family doctor's office.

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People attend a rally of solidarity outside the Consulate of France in Montreal on Sunday, to show their support for the victims of the Paris attacks. GRAHAM HUGHES/THE CANADIAN PRESS

French land grieves across the Atlantic

Paris

St-Pierre-Miquelon lies off coast of Newfoundland

It's more than 4,000 kilometres from Paris, but the attacks in France's capital city are hitting close to home for residents of a French territory located just off the coast of Newfoundland.

The tiny islands of Saint Pierre and Miquelon, the only remnant of colonial New

France, are situated roughly 25 kilometres from Fortune, N.L., and are home to roughly 7,000 French-speaking people.

Saint Pierre Deputy Mayor Martin Detcherry said many residents of the territory have family in France, some of whom live near places in Paris that were targeted by the attacks.

He said the community is in shock and mourning the 129

people who died in the attacks Friday in several public gathering places, including a music hall and restaurants.

"It has impacted the community greatly," said Detcherry on Monday.

Detcherry said more than 2,000 people from the community and about 20 people from Newfoundland participated in a march on Paris Street in Saint Pierre on Sunday to

express their sympathies.

"It was a symbolic march, and people responded in great numbers to show their disapprobation to the attacks and to show their sympathies to the people that are mourning their friends and relatives," said Detcherry.

Many of the territory's schools, businesses and government offices observed a moment of silence on Monday for the victims and flags were at half-mast, said Detcherry.

He said the territory was also observing the three days of national mourning declared by French President Francois Hollande. THE CANADIAN PRESS



The people are very conscious of what's going on in France and are very concerned.

Martin Detcherry, deputy mayor of Saint Pierre

PARIS ATTACKS

Canadian wrongly identified as terrorist

A Spanish newspaper mistakenly identified a Sikh Canadian man as "one of the terrorists" behind the Paris attacks after a doctored image went viral online.

La Razón newspaper apologized for printing Veerender Jubbil's photo on its Nov. 15 front page with the caption "one of the terrorists."

Jubbil, 21, from Brampton, Ont., said the "past 48 hours have been deeply disturbing."

The original image, which Jubbil shared on Twitter in August, shows him taking a

selfie with an iPad in front of a bathroom mirror. The edited image appears to show Jubbil holding a Quran and wearing a vest laden with explosives, with a sex toy in the background.

Jubbil's doctored image was also shared by Italian TV channel and Fox affiliate Sky TG24, with the caption: "ISIS sent a photo of the alleged kamikaze."

Twitter user @Danchrism pointed out the flaw in the edited image. "If he's holding the Quran, what the hell took the picture?" TORSTAR NEWS SERVICE



The doctored image of Veerender Jubbil, left, and the original, right. TWITTER/THE CANADIAN PRESS

SASKATCHEWAN

Premier wants PM to halt refugee plan

Saskatchewan Premier Brad Wall is citing safety concerns for his wanting the federal government to suspend its plan to bring in 25,000 Syrian refugees by year's end.

Wall said in a letter to Prime Minister Justin Trudeau he is worried that fast-tracking refugee claims could undermine the screening process.

"I do believe that if there's a chance that even only one person would use the refugee process to come into this country with a plan to do ill, to do bad things in Canada to Canadians, that's worth it, that's worth some circumspection," Wall said in Regina on Monday.

The premier said in his letter that the attacks in Paris are a grim reminder of the death and destruction even a small number of "malevolent individuals can inflict upon a peaceful



Saskatchewan Premier Brad Wall. THE CANADIAN PRESS FILE

country and its citizens."

Gunmen and suicide bombers killed 129 people and injured about 300 in the French capital on Friday night.

Wall would like the government to re-evaluate its goal and what's being put in place to achieve it. THE CANADIAN PRESS

TERRORISM

Canada to play active role in fight

Prime Minister Justin Trudeau has told his fellow G20 leaders that Canada will continue to make a strong military contribution in the fight against Islamic militants — but it won't be from the air.

Trudeau said his government will follow through on its election campaign commitment to withdraw its six CF-18 fighter jets from the U.S.-led coalition mission attacking targets in Iraq and Syria some time before Canada's March 2016 commitment expires.

He said Canada will concentrate its military contribution on strengthening efforts to train Kurdish fighters

for their ground war against the Islamic State of Iraq and the Levant (ISIL).

Trudeau said Canadian troops have built up expertise in such training, especially from the war in Afghanistan.

"The discussions we're having both internally and with our allies is around how best

Canada can help," Trudeau said Monday at the close of the G20 summit in Antalya, Turkey.

"I know that Canada will continue to, and be seen to be continuing to do its

part in the fight against this terrorist scourge."

THE CANADIAN PRESS



Security remains a primary concern.

Prime Minister Justin Trudeau

IN BRIEF

Police probe mosque fire as hate crime

A fire set deliberately on Saturday at a Peterborough, Ont., mosque in the aftermath of the terrorist attacks in Paris is being investigated as a hate crime, police said Monday. Murray Rodd, chief of police in Peterborough, said any injury to one of the city's ethnic communities is "an injury to us all." Masjid Al-Salaam is the only mosque for about 1,000 Muslims who live in the area.

THE CANADIAN PRESS

Riots destroy Canadian mine in Mozambique

Rioters have destroyed a Canadian-owned tantalum mine in Mozambique, injuring security officers and setting fire to the site, the company says.

Pacific Wildcat Resources, said company representatives had fled its Muiane mine to the city of Nampula, around 120 kilometres away. Police had been preventing access to the site because it was still occupied by rioters.

THE CANADIAN PRESS

Gary Doer gets new role

CANADA INSTITUTE

Diplomat to co-chair committee at think-tank

Gary Doer is about to help advise a think-tank, the latest step in a winding career path that took him from being a Winnipeg corrections officer, to union leader, Manitoba premier and ambassador to the United States.

The soon-to-be-former diplomat said Monday his plans upon leaving the ambassadorship will include volunteering with a Washington-based institute that focuses on Canada-U.S. relations.

Doer will co-chair the advisory committee to the Wilson Center's Canada Institute, which shares research about bilateral issues and invites speakers to events in the American capital.

His future role was announced Monday by Jane Harman, a former U.S. congresswoman who's now president of the Wilson Center. She lauded



Canadian ambassador to the United States Gary Doer THE CANADIAN PRESS FILE

You have earned a reputation in the diplomatic corps as one of the most effective ambassadors in Washington. Sue Saarnio to Gary Doer

his six-year diplomatic stint.

"I have known, and still know, a lot of ambassadors. They come here all the time," she told a gathering in the organization's boardroom.

"Some are good and some

are, um, not so good. Some are fun, and some are not so much fun. Some are effective and some are (not). But Gary gets straight A's..."

"He's good, fun and effective. The whole package."

Doer has already announced he's leaving his diplomatic position soon, at an as-yet-undetermined date, once he's helped the new Liberal government complete its transition.

He's expected to move back to his home province, but has remained mum about any future career plans. The role with the Wilson Center will be part-time, shared with the other co-chairs — former U.S. ambassador to Canada David Jacobson and Hugh MacKinnon, chief executive of the law firm Bennett Jones.

A State Department official who oversees the relationship with Canada welcomed news that Doer won't be going away entirely and will continue making occasional visits to Washington.

"It's going to be a lot easier for us," said Sue Saarnio, the deputy assistant secretary of state. THE CANADIAN PRESS

IN BRIEF

Lawyer for 'Scud Stud' says calling his client a 'dud' was defamatory

The lawyer for a former television war correspondent known as the "Scud Stud" says he intends to prove his client's reputation was damaged by a "false article" that failed to meet even "ordinary journalistic standards."

Arthur Kent, 61, is suing Postmedia, the National Post and former columnist Don Martin over a column that ran when Kent was campaigning to win the constituency of Calgary Currie as a star candidate for the Progressive Conservatives in the 2008 provincial election.

THE CANADIAN PRESS

Vandals target Hindu temple in Kitchener

Police in Kitchener, Ont., are investigating vandalism at a Hindu temple. Ram Dham Hindu Temple president Dilip Dav says several windows at the rear entrance of the temple were shattered late Sunday night. He says no one inside the temple was injured and they were unable to see who did the damage. THE CANADIAN PRESS

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A couple kisses in front of the Eiffel Tower, illuminated in the French colours in honour of the victims of the attacks on Friday. This week, the City of Love is perceived by many as a febrile place — easily moved to tears, compassion or panic. DANIEL OCHOA DE OLZA/THE ASSOCIATED PRESS

Where 'love will conquer'

Paris City brimming with makeshift shrines heads back to routine

After a weekend of horror, Paris returned to the routines of the work week Monday with determination, defiance — and worry.

Rush-hour subway trains were full, shops were open, and office workers lined up for sandwiches or ate lunch on café terraces.

But this is also now a city dotted with makeshift shrines: carpets of flowers and candles,

photos of lost loved ones and handwritten notes near the spots where gunmen and suicide bombers killed 129 people enjoying a fall Friday evening in the city.

Parisians stopped by throughout the day to honour the dead, many vowing that their city would remain its incomparable self — the sensual, tolerant, life-loving metropolis of the world's imagination.

"I am afraid, but not enough to stay at home, not moving," said Stephanie Cohen, a bank employee from suburban Paris.

Others worried that the attacks would change Paris forever.

"I was there (in New York) when 9-11 happened — and, to

tell you the truth, it did change my life," said Gary Berrios, a student originally from New York. "It changed everyone's life. We don't see the world the same way any more."

At the Place de la République in the heart of the city, a monument to France stood surrounded by flowers, candles and notes. Handwritten cards had been left in French and English, Polish and Vietnam-

ese — a reminder that Paris is a city that the world has taken to its heart.

"Love will conquer," said more than one sign — a vow, or perhaps a wish, from the City of Love.

Outside the Bataclan theatre, where 89 people died when attackers gunned down young concertgoers, a banner vowed: "Freedom is an indestructible monument."

There and outside the bars and restaurants where dozens more died, residents paused to lay flowers, light candles or simply stand quietly. Even as the bustle of everyday life reasserted itself, Paris was a city of thousands of silent prayers.

THE ASSOCIATED PRESS

+ 'BARBARIANS'

France seeks coalition

France wants to unite with the U.S. and Russia in a grand coalition dedicated to smashing the Islamic State of Iraq and the Levant, French President Francois Hollande told lawmakers Monday in a rare joint session in the Palace of Versailles. "In my determination to combat terrorism, I want France to remain itself. The barbarians who attack France ... will not make it change," Hollande declared.

THE ASSOCIATED PRESS

BRUSSELS

Region hit hard by poor rapport

There is just one café left near Molenbeek's Place Communale square where you can buy Belgium's national drink — beer.

Instead, stores on the square and the narrow streets that lead off it mostly sell North African food and Islamic robes and head scarves.

In the aftermath of the deadly attacks on Paris, the densely populated Brussels neighbourhood of just under 100,000 has gained a reputation as one of Europe's pre-eminent breeding grounds for jihadis, and preferred stop for extremists.

Police arrested three suspects in the impoverished neighbourhood on Saturday, and French officials on Monday identified Abdelhamid Abaoud, who grew up there, as chief architect of the attacks on a rock concert, a soccer game and popular nightspots in one of Paris' trendiest districts.

Molenbeek has soaked up so many waves of migrants in recent decades that its Belgian identity has been all but washed away.

Reda Ben Baghdad, who described himself as a Belgian who was born and raised in Molenbeek, rejected claims that the neighbourhood is a hotbed of radicalization.

"I've lived here for 35 years. I'm not a jihadi," he said.

THE ASSOCIATED PRESS



Armed police guard a street in Brussels on Monday.

GEERT VANDEN WIJNGAERT/
THE ASSOCIATED PRESS

UNITED STATES

Several states plan refugee halt

Several U.S. governors are threatening to halt efforts to allow Syrian refugees into their states in the aftermath of the terrorist attacks in Paris, and, at least one is asking the White House for more information on plans to allow refugees into the country.

President Barack Obama's administration has pledged to accept about 10,000 Syrian refugees in the next 12 months.

Republican presidential candidates have criticized the plan.



I will not stand complicit to a policy that places citizens in harm's way.

Alabama Gov. Robert Bentley

Here's a look at where some states stand:

Michigan: Gov. Rick Snyder said Sunday that the state

is postponing efforts to accept refugees until federal officials review security procedures and clearances.

Texas: Gov. Greg Abbott on Monday ordered Texas' refugee resettlement program not to accept any more Syrians in the wake of the Paris terrorist attacks.

Alabama: Fellow Republican Gov. Robert Bentley announced Sunday that he would refuse Syrian refugees relocating to the state. THE ASSOCIATED PRESS

G20

World leaders discuss anti-terrorism efforts

World leaders vowed Monday to boost intelligence-sharing, cut off terrorist funding and strengthen border security in Europe, as they sought to show resolve and unity following the deadly terror attacks in Paris.

While the summit resulted in plenty of tough talk of the attacks, the G20 leaders spoke mostly in broad strokes of their pledges to intensify the anti-terrorism campaign.

U.S. President Barack Obama resisted calls to escalate U.S. military action and open a large-scale ground war, saying he would instead intensify the American-led airstrike campaign.

Added German Chancellor Angela Merkel: "We agreed that the challenge can't just be tackled with military means, but only a multitude of measures." THE ASSOCIATED PRESS

IN BRIEF

Anonymous hackers vow cyber war on ISIL

Global hackers' group Anonymous has declared a cyber war against the Islamic State of Iraq and the Levant (ISIL). In a YouTube video describing members of ISIL as "vermin that kill poor innocents," the Anonymous member said the hackers would track down members of the extremist group. "We will launch the biggest operation ever against you," the member said. TORSTAR NEWS SERVICE



A Palestinian protestor uses a slingshot to hurl stones towards Israeli security forces during clashes in the Palestinian town of al-Bireh on the outskirts of Ramallah in the Israeli-occupied West Bank. ABBAS MOMANI/ABBAS MOMANI/AFP/GETTY IMAGES

MINNEAPOLIS

Mayor requests probe into shooting

Community members and activists demanded Monday that Minneapolis police identify an officer who shot a black man suspected in an assault and release video of the incident.

Witnesses to the shooting early Sunday said the man was handcuffed when he was shot, sparking protests and an overnight encampment outside a police precinct on the city's north side. Police said a preliminary investigation showed the man

was not handcuffed. The state's Bureau of Criminal Apprehension is investigating.

Authorities did not immediately release the name of the man, but family members identified him as Jamar Clark, 24, and said he was on life support. His father, James Hill, told The Associated Press that his son had suffered a single gunshot wound over his left eye.

"None of our children deserve to be shot and killed, and then



None of our children deserve to be shot and killed, and then talked about like they are animals.

Bettie Smith, community activist

talked about like they are animals," Bettie Smith, whose son Quincy Smith died in a 2008 confrontation with police, said at a news conference outside the north Minneapolis precinct.

"Unless the community steps up to help us out, it will continue. Each and every one of us out here would be held accountable if we murdered someone," she added.

THE ASSOCIATED PRESS

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WIND

Two dead in West Bank

ISRAEL-PALESTINE

Tensions still rising after shootout in refugee camp

Clashes between Israeli forces and Palestinian demonstrators erupted in a West Bank refugee camp overnight Monday after Israeli forces arrived to demolish the home of a Palestinian militant, leaving two Palestinians dead.

It was the latest bloodshed in a two-month wave of violence between Israelis and Palestinians.

Amid the unrest, Israel recently renewed a policy of demolishing homes belonging to Palestinians accused in deadly attacks. Israel says the policy deters attacks, but critics say the tactic amounts to collective punishment.

In Monday's violence, the Israeli military said troops entered the Qalandiya refugee camp on the outskirts of Jerusalem to de-

molish the home of Muhammad Abu Shaheen, a Palestinian who the army says fatally shot an Israeli motorist in the West Bank this summer. Abu Shaheen is now in an Israeli prison.

After the troops arrived, hundreds of Palestinians gathered and many threw firebombs and rocks as the Israeli forces demolished the home, and troops fired rubber bullets, tear gas and stun grenades to disperse the protesters, the military said.

According to Palestinian Health Ministry spokesman Mohammed Awawdeh, a 21-year-old and a 28-year-old were killed in a shootout. THE ASSOCIATED PRESS

+ BORDER DEAL

A senior Palestinian official on Monday said the Palestinian Authority has reached an agreement with Egypt to reopen the Gaza Strip's main border crossing in an arrangement meant to bypass the Hamas rulers.

IN BRIEF

Five people slain overnight in Burundi's capital city

Three grenades exploded Monday in different parts of Burundi's capital following a night of violence in which five people, including a policeman, were killed, witnesses and the police said. At least 240 people have been killed. THE ASSOCIATED PRESS

Swedish government, parliament receive threats

Swedish security officials say they have received a threat of attacks against the prime minister, the government and Parliament. Sweden's security service told reporters that the email said the threat would be carried out on Tuesday. THE ASSOCIATED PRESS

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Aid donors call for a new deal

SYRIAN CRISIS

Allow refugees to work, host governments are urged

Bold new ideas for helping Syrian refugees and their overburdened Middle Eastern host countries are gaining traction among international donors, shocked into action by this year's migration of hundreds of thousands of desperate Syrians to Europe.

Rather than struggling to gather humanitarian aid for refugees, the plans centre around investing billions of dollars, much of it to be raised on financial markets. The money would go for development in countries such as Jordan and Lebanon to improve lives for both their own populations and refugees.

More controversial is a de-

mand by some in the aid community that, in return for such a "Mideast Marshall Plan," Jordan and Lebanon must allow Syrian refugees to work, integrating them more into society. The host countries, however, point to high domestic unemployment in arguing they cannot put large numbers of refugees to work legally.

The mass influx of Syrians to Europe has drawn attention to long-ignored warnings that the traditional aid approach has fallen short in the most devastating refugee crisis in a generation, said regional chief of

the World Bank, Ferid Belhaj.

Under the traditional approach, the UN and other international agencies are the main pillar of care for refugees, either by financing camps to house them or by providing them food aid and stipends to live off of.

But donor funds are waning as the Syrian refugee crisis drags on with no end in sight for a war now in its fifth year. The year's aid appeal of \$4.5 billion for more than four million refugees and host nations is less than half-funded.

Separately, the World Bank is working on new ideas for raising billions of dollars for large-scale investments.

The plan aims to help host countries build infrastructure, right their economies and deal with the steep costs from the refugee population. Eventually, it would expand to rebuild war-stricken Syria, Libya and Yemen.

THE ASSOCIATED PRESS

1M

Lebanon, a country of four million citizens, has more than one million refugees. Jordan, with 6.4 million citizens, has more than 600,000 refugees.



TECHNOLOGY LET THE ROBOT WARS BEGIN Japan's Suidobashi Heavy Industries has taken up a California-based startup's challenge to a battle for robot supremacy. Megabots will pit its 4.5-metre Mark II, pictured above with founders Brinkley Warren, Matt Oehrlein and Gui Cavalcanti, against Japan's four-metre Kuratas next year. A Kickstarter campaign has raised \$550,000 US to turn the Mark II into a meaner fighting machine. THE ASSOCIATED PRESS



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NEW JERSEY

Mall demands kids pay to see Santa

Children wanting to see Santa Claus at a southern New Jersey mall will now have to pay.

The Philadelphia Inquirer reports admission to the Cherry Hill Mall's Adventure to Santa costs between \$35 US and \$50 US. The packages come with photos or video of the visit.

The move has sparked anger from many parents, some of whom say the charge inherently pushes away low-income families, which they say runs counter to the spirit of the holiday.

Pennsylvania Real Estate Investment Trust, which manages the mall, says the exhibit is one of only 12 Adventure to Santa attractions in the country. The attraction was free last year.

The display features characters from the Shrek movies, a virtual sleigh ride, a concert



Parents are angry over mall's move to charge fees to visit Santa.
ISTOCK

performed by elves, and various games. THE ASSOCIATED PRESS

IN BRIEF

Video games industry catching up to TV, film

The video game industry in Canada is growing by leaps and bounds and quickly catching up to film and television production as a major contributor to the economy.

The Entertainment Software Association of Canada says the video game industry spent \$2.36 billion on Canadian production in 2014. That's up almost 50 per cent in one year and now nearly as much as the domestic film industry, which spent \$2.67 billion in the fiscal year ended March 2014, according to figures by the Canadian Media Production Association.

THE CANADIAN PRESS

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EMMA TEITEL: ON SELECTIVE SOLIDARITY

It's ironic, not to mention annoying, that many of the critics displeased with Facebook's France avatar seem to decry Western favouritism only when a tragedy occurs in the Western world.



When the U.S. Supreme Court granted American gay couples the right to marry nationwide in June, Facebook offered its many millions of users a new way to "celebrate pride." With a special photo-editing tool, the social-networking site enabled users to decorate their display photos with an LGBT-themed rainbow filter — a feature so popular, more than 20 million people adopted it.

For weeks after the Supreme Court's historic decision Facebook was awash in rainbow avatars; a trend some critics bemoaned as bandwagon behavior by "slacktivist" liberals otherwise uninvolved in the LGBT cause. But for many gay people in the United States and around the world, the photo feature and its popularity were actually quite touching; it's not every day one sees celebratory support quantified in such stark, visible terms.

Nor is it every day one sees grief and horror quantified this way. This week, we witnessed the return of Facebook's photo-editing tool, not in association with a happy event, but with an unduly tragic one. On Nov. 13, ISIS-affiliated terrorists murdered more than 129 people and injured more than 350 others in co-ordinated mass shootings and suicide bombings throughout the city. The attacks, which disproportionately targeted young people enjoying a night out on the town — at cafés and a rock

concert — were carried out in some measure by young people, too; Omar Ismail Mostefai, one of the dead terrorists identified after the attack, was reportedly just shy of his 30th birthday. In other words, many of the victims of the attack as well as some of its perpetrators belonged to the Facebook generation.

It makes sense then, that

The question on their minds: Why Paris and not Beirut?

The day before the Paris attacks, Beirut, Lebanon suffered an Islamic State of Iraq and the Levant (ISIL)-orchestrated suicide bombing that killed at least 43 people and injured 200. Facebook has not yet offered users a Lebanon-themed avatar so



APATHY EMBLEM It's disturbing how little attention tragedies in poor countries get in the Western world, Emma Teitel writes, but the solution is not berating people for their lack of sensitivity to global issues. METRO

in a rather morbid turn on the celebratory rainbow filter, Facebook has offered users an opportunity to show solidarity with terror-ridden Paris through a French flag avatar. We don't yet know the exact number of users who have adopted the photo filter, but it appears that Facebook is once again awash in colour. Like many of the world's landmarks, the social networking site has lit up red, white and blue in solidarity with Paris. And once again, critics have emerged to question the social network's well-meaning campaign, this time with a charge of hypocrisy for users eager to show compassion for Paris, but who pay no mind to victims of non-Western tragedies.

they may show solidarity with Beirut, nor has the site expanded its "Safety Check" feature to the Lebanese city. This is a service that allows users to check in with family and friends in an emergency, a service that was enabled in the Paris attacks on Friday but was unavailable in the Beirut attacks on Thursday. Facebook has promised to expand its service (previously available only in natural disaster emergencies), but critics remain skeptical about what they believe is a clear example of Western favouritism on the part of Facebook and its users. And they aren't entirely wrong.

It is indeed disturbing that most Westerners seem to acknowledge tragedy only when it occurs in the whiter

world. And it is a sign of our immense limitation that most of us pay attention to tragedy when we can envision ourselves as victim, in places we have visited.

But it's also ironic, not to mention annoying, that many of the critics displeased with Facebook's France avatar on account of its alleged hypocrisy seem to decry Western favouritism only when a tragedy occurs in the Western world. Anecdotally, I didn't see a single critic of Western favouritism post about the Lebanon attack the day it occurred. Rather, I saw only posts about the Beirut attack and insufficient Western response the day Paris was attacked. Ironically, it seems many critics of Western favouritism are its unknowing adherents — moved to action not by outsized suffering in the Middle East but by outsized support for suffering in the West.

Perhaps the lesson here is that analysis of human reaction to horrible events should be reserved until after the bodies are buried. No matter one's claim to the truth, it is cold, uncouth and misguided to criticize or disapprove of people engaged in genuine outpouring of shock and grief, whether that grief is the result of a highly publicized Western horror or a little known eastern one.

Mourning is not a time to pass judgment — even if you are right.

Emma Teitel is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

ROSEMARY WESTWOOD

metroview

Merely having a right to something isn't always a reason to invoke it

It's true that journalists, in the U.S. and elsewhere, have the right to record public life.

It's true that journalists, in the U.S. and elsewhere, can be unfair.

It's true that you'd be hard-pressed to find a better source of self-righteousness than a university campus.

And it's true that you'd be hard-pressed to find a group more marginalized than black Americans.

Last week's argument between activists at the University of Missouri and journalists trying to document their protest — captured on video — was absurdity worthy of Beckett.

In "safe spaces" vs. the First Amendment, it was shouting, pushing, bodies turned to bulldozers. Slinging tongues and smacking lips — and forgetting altogether about ears. Forgetting that rights are often beside the point. As in, merely having a right to something isn't always a reason to invoke it.

Similar protests to end racism on campuses continue to spread across the U.S. and will no doubt offer more flashpoints for conflict with the media.

These days, journalists have a problem, and it lies between the imperatives of activism and the very principle of objectivity. If we woke up each day to an equal society, we probably wouldn't have to keep making the choice

between the two. We'd be able to say to angry students (what would they be angry about?): "I'm not on anyone's side."

If the media itself was more diverse, we would not need to worry as much about how to be sensitive to a minority. Varied points of view among reporters would lead the resulting stories to collectively level out our blind spots.

But we don't have an equal society or a diverse media.

And that leaves reporters increasingly required to ask themselves how much of an ally they want to be and how much is too much.

It's not good enough to work on a single other's behalf. The best reporting carries truth as its agenda. The best reporting doesn't slot people into roles but reveals who they are. No one is all good and right — or bad and wrong.

It's also not good enough to face a crowd of black-rights activists and dismiss them as anti-free speech. I think, given what racism flings at some each day, and the fact that their protests led another crazy white guy to claim he was going to shoot them all, those activists have more pressing concerns.

But I keep coming back to that video, and the self-righteousness on both sides, and the way it underlines this problem that I am now having every day.

Do I seek just outcomes or just tell the truth?

Mourning is not a time to pass judgement — even if you are right.

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HIV/AIDS in the public eye

HEALTH

After Sheen rumours, a look at famous people who have disclosed their illness

Charlie Sheen is scheduled to be on the Today show Tuesday morning, reportedly to disclose his HIV status, according to various sources, including People magazine, TMZ and Us Weekly.

It has been 30 years since legendary leading man Rock Hudson shocked the world by sharing his AIDS diagnosis, the first Hollywood star to do so. He died within a few months at age 59. His friendship with Elizabeth Taylor inspired the actress to begin a fundraising campaign that brought in millions for research and education.

Here are others in the public eye who have been diagnosed with HIV/AIDS.

Rock Hudson

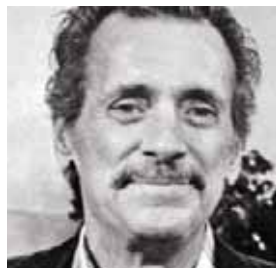
A screen heartthrob and one of Hollywood's most popular leading men, Hudson was the first major American celebrity to publicly acknowledge having AIDS in 1985, not long before his death. His diagnosis forever changed the conversation about HIV/AIDS.

Freddie Mercury

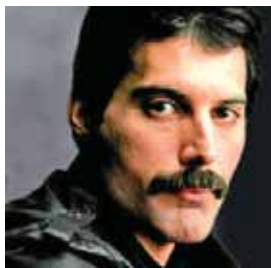
The powerfully voiced lead singer and songwriter for rock band



Charlie Sheen is expected to disclose his HIV status on Tuesday. GETTY IMAGES ALL OTHERS THE ASSOCIATED PRESS UNLESS NOTED



Rock Hudson



Freddie Mercury



Magic Johnson



Danny Pintauro GETTY IMAGES

Queen died in 1991. Among the hits Mercury was responsible for were future classics "Bohemian Rhapsody," "Somebody to Love" and "We are the Champions."

Magic Johnson

The Los Angeles Lakers point guard announced he was HIV positive in November 1991 and retiring from the NBA. He went on to play for the 1992 U.S. Olympic Dream Team, and came back to play with the Lakers in 1995. He's now 56 and has been living with HIV for more than 23 years.

Isaac Asimov

The extremely prolific science fiction writer, whose works include the I, Robot collection and the Foundation series, contracted HIV from a blood transfusion during heart bypass surgery in 1983. He died from AIDS complications in 1992.

Eric "Eazy-E" Wright

The co-founder of hip-hop group N.W.A. and gangsta rapper Eazy-E (Eric Wright) died of AIDS in 1995 at age 31. His illness is dealt with in this year's hit music-drama biopic Straight Outta Compton.

Danny Pintauro

Now 29, the child actor who co-starred on TV's Who's the Boss and also appeared in the thriller Cujo, said during a September appearance on Oprah: Where Are They Now? that he's been HIV positive for 12 years.

TORSTAR NEWS SERVICE

PLASTIC SURGERY

Transplant gives new face, scalp to burned firefighter

A volunteer firefighter badly burned in a 2001 blaze has received the most extensive face transplant ever, covering his skull and much of his neck, a New York hospital announced Monday.

The surgery took place in August at the NYU Langone Medical Center. The patient, 41-year-old Patrick Hardison, is still undergoing physical therapy at the hospital but plans to return home to Senatobia, Mississippi, in time for Thanksgiving.

The surgery has paved the way for him to regain normal

vision, and in an interview last week he said that will let him accomplish a major goal: "I'll start driving again."

More than two dozen face transplants have been performed worldwide since the first one in France in 2005. Dr. Eduardo Rodriguez, who led the surgical team that did Hardison's transplant and recently wrote a review of the field, said Hardison's is by far the most extensive performed successfully in terms of the amount of tissue transferred.

The transplant extends from

the top of the head, over Hardison's skull and down to the collarbones in front; in back, it reaches far enough down that only a tiny patch of Hardison's original hair remains — its colour matched by the dark blond hair growing on his new scalp. The transplant includes both ears.

The surgery began Aug. 14 and lasted 26 hours. It left no scars on Hardison's new face because the seam of the transplanted tissue runs down the back of his skull.

The donor was 26-year-old



Patrick Hardison, before and after his face transplant. HANDOUT

New York artist and competitive bicyclist David P. Rodebaugh.

He had died of injuries from



a biking accident on a Brooklyn street.

Hardison was burned Sept.

5, 2001, in Senatobia in northwestern Mississippi. A 27-year-old father of three at the time who'd served for seven years as a volunteer firefighter, he entered a burning house to search for a woman. The roof collapsed, giving him third-degree burns on his head, neck and upper torso.

He spent about two months at a Memphis, Tennessee, burn centre. Doctors used a layer of skin from his legs to cover his wounded head, but he had lost his ears, lips, most of his nose and virtually all of his eyelid tissue. THE ASSOCIATED PRESS

The great shampoo swindle

BEAUTY PRODUCTS

Chemists conclude your money is going down the drain

Liz Brown
Metro | Canada



Sitting in a chic salon getting my fried ends snipped, my hairstylist looked in the mirror and met my gaze.

"You've been using drug-store products, haven't you?" she said.

I looked down, nodding my head, the shame too much to bear.

"It's why your ends are dry and your roots greasy," she clucked, lecturing about how cheap shampoos and conditioners leave residues on hair and don't allow it to breathe.

I walked out of the salon with \$90 worth of products. It's a story most women (and likely many men) can relate to.

According to Randy Schueller, a Chicago-based beauty product chemist and co-founder of The Beauty Brains blog, the stylist line that salon products are uniformly better than the ones you pick up at the drug store is a "total myth" based in marketing and pseudo science.

And these myths mean big bucks for the beauty industry. According to a report published in September by market research firm IBIS-World, the beauty, cosmetics and fragrance retail industry in Canada is worth \$1.3 billion annually, 18 per cent of which is spent on hair care products — and as incomes grow, consumers are more interested in premium items.

"While some salon products can be better, for the most part you don't need to spend at that level to get a good product," he says, noting that ingredients in any shampoo or conditioner only account for about 10 per cent of the product's overall cost.

He knows consumers will disagree with this, but chalks it up to psychology. "If you're going to spend \$30 on a bottle of something versus \$5, you want to believe you are spending your money wisely," he says.

Schueller has been working in the industry for 30 years and formulated for some of the most popular mass market and salon brands, including VO5 and Tresemmé. He recalls a market research study he participated in where



women, over a period of months, were asked to wash their hair with different, unmarked products and answer a questionnaire.

"In general, the salon products did not score as well as the mass market products," he says. "When people don't know it's a salon product — when you strip away the packaging and branding — they perform as well as mass market products (in consumer reviews)." Ni'Kita Wilson, a cosmetic

chemist in New Jersey, says that often consumers can find a suitable alternative to their salon product in a drugstore brand. "Performance-wise, hands down, you can find a cheaper product you are satisfied with," she says.

The biggest difference, according to Wilson, is found between conditioners. Salon conditioners do tend to use better cationic

surfactants — compounds that bind to the keratin protein in hair — making it easier to detangle and smoothing the rough cuticles on damaged ends.

A more expensive salon conditioner may also carry newer silicones to smooth the hair and give it a silky feel. But interestingly, many silicones that have been on the market for a while first appeared in expensive salon brands. "A good example of this is amodimethicone," Wilson says. "It offers superior conditioning benefits to the hair unlike any other ingredient and ... now it can be found in mass brands like

+ HAIR MYTHS (BUSTED)

Avoid silicone in hair care products

These are compounds in shampoo and conditioner that detangle and give hair a silky feeling. "It's true that silicones can be too heavy for fine hair types," says Schueller.

"What's not true and what you frequently hear is that silicone suffocates your hair, or coats it in plastic — my favourite is that it makes your hair 'feel healthy' but it's really bad. That doesn't even make sense because hair is dead, so you can't prevent it from breathing," he says.

You need to switch products because they become ineffective when your hair gets 'used' to one

"This is the granddaddy of all hair care myths," says Schueller. More likely what is happening, according to Schueller, is that conditioning agents present in shampoos and conditioners build up on hair over time,

making the hair seem dull and limp. "When you move to a new shampoo, it strips the residue from the old shampoo and you think 'wow' my hair feels wonderful." Instead trying a clarifying shampoo every so often when hair feels limp.

Alcohol in shampoos and conditioners dries out the hair

"All conditioners carry fatty alcohols to make the emulsion — that creamy aspect," says Schueller. These are called cetyl and stearyl alcohols and help form the body of the

product while giving some conditioning.

Isopropyl alcohol is also sometimes found in a shampoo or conditioner, but it's found at low levels and used as an agent to help carry another ingredient.

"They are solvents and soak up lipids (fats)," says Schueller. "If you were to soak your head in these alcohols, it would be drying to the hair, but in the levels in a rinse off shampoo or conditioner, it will have no impact."



“When you strip away the packaging and branding, (salon products) perform as well as mass market products (in consumer reviews).”

Randy Schueller, chemist and hair product formulator

Garnier Fructis.”

The difference is often in the amount in the formula. "The drugstore brand may put 1 per cent silicone in a formula and that will give you good detangling and nice softness, while a higher end brand may put 2 per cent in their formula, plus another type of conditioning agent like a natural oil," she says.

Her verdict: Save on the shampoo and splurge on conditioner.

And she says there's plenty of ways to top up a mass market brand. Try leaving the product on for a longer period of time underneath a shower cap — the heat helps the con-

ditioner penetrate hair. Or mix your conditioner with a bit of coconut or olive oil.

Schueller says coconut oil is the only oil that has been definitively shown to moisturize hair from within. "But you need to use a lot of it and leave it on your hair for quite some time (up to 14 hours)," he warns.

If you're looking to break a salon product habit and save money, Schueller suggests looking at the first five ingredients of your favourite premium brand and comparing them with cheaper brands. "You'll likely find something in the same ballpark range," he says.

14

Coconut oil is the only oil shown to moisturize hair from the inside out, but you have to leave it on for 14 hours for these deep conditioning benefits says Randy Schueller.


Rose Reisman EAT THIS

You know you're going to eat fast, so next time choose this not that

THIS WEEK: Casey's Grill Bar

Canadians love dining out, with 60 per cent of us choosing to buy our meals at least once a week. Casey's Grill Bar is a popular pick for casual dining at affordable prices, with a variety of options from classic steaks, seafood, sandwiches and Asian-inspired dishes. Grabbing an appetizer before dinner is a common occurrence, but they are often heavier than the entrée. Select an appetizer with some protein and vegetables to lessen your appetite before the main course.

PICK THIS

Chicken Tacos (2)
Ingredients

Rotisserie chicken, shredded lettuce, cucumber, red pepper, green onions, lime mango salsa and crema

Calories 450

Fat 29 grams

Saturated fats 10 g

Sodium 810 mg

SKIP THIS

Tornado Potatoes (with Smokin' Cajun Dip)
Ingredients

Deep-fried potato ribbons seasoned with sea salt and drizzled with Smokin' Cajun dip

Calories 1,020

Fat 47 grams

Saturated fats 9 g

Sodium 1,000 mg

HERE'S WHY


Equivalent: Tornado Potatoes & Dip contain as much fat as four BLT sandwiches from Tim Hortons

A fried potato side, no matter what the name, is empty calories with little nutritional value. This fancy version of potato chips are heavily deep fried and served with a mayonnaise and sour cream-based dip, which is a landmine of calories, fat and sodium. The dip itself has 380 calories and 40 grams of fat! Opt for the tacos instead — with its lean chicken and vegetables, this item is both delicious and filling.

WHO says handle meds with care

WORLD HEALTH ORGANIZATION

Antibiotic-resistant infections are a global issue

A WHO survey revealed that 66 per cent of respondents believe antibiotic resistance doesn't affect those who take antibiotics as prescribed.

The WHO published on Monday the results of its international survey carried out to determine more about the public's knowledge on the use of antibiotics and the increasing spread of antibiotic-resistant diseases.

Published on the first day of World Antibiotics Week (running to Nov. 20) and on the launch of Antibiotics: Handle with care, the WHO's first-ever campaign for the improved use of antibiotics, the survey highlights the misconceptions that the public has on antibiotic use and resistance.

Antibiotic resistance occurs when bacteria, not humans, be-



Antibiotics are not effective for colds or flu. AFP

Interviews were carried out both online and face to face.

The results show that while many (64 per cent) know that antibiotic-resistance is a problem, more than half (57 per cent) wrongly believe that there is nothing they can do to prevent its increase. Forty-four per cent also mistakenly believe that antibiotic resistance only affects those who take antibiotics regularly, and 66 per cent believe antibiotic resistance doesn't affect those who take antibiotics as prescribed.

In fact anyone, regardless of age, country, or antibiotic consumption, can catch an antibiotic-resistant infection, and we can all play a part in halting the spread of antibiotic-resistant diseases. For example, antibiotics are not effective in treating viruses, although 64 per cent of those questioned believed that antibiotics can be used to treat colds and flu, and a course of antibiotics should always be finished, despite 32 per cent of those surveyed believing that a course can be stopped once the individual feels better. AFP

come resistant to the antibiotics used on them. It is the spread of these bacteria that then causes the spread of infections that are antibiotic-resistant and much harder to treat, which is an increasingly worrying problem for the WHO. The organization questioned some 10,000 participants across a diverse selection of 12 countries which included Barbados, China, Vietnam, Sudan, South Africa, Serbia, Russian Federation, Nigeria, Mexico, Indonesia, India, and Egypt.

JOHANNA SCHNELLER WHAT I'M WATCHING

John Oliver's rant captures upset

LAST WEEK TONIGHT, NOV. 15 (HBO)

Host John Oliver addresses the camera in his opening monologue, about Friday's attacks in Paris: "After the many necessary and appropriate moments of silence, I'd like to offer you a moment of premium cable profanity," he says.

"As of now, we know this attack was carried out by gigantic f—ing a—holes, unconscionable flaming a—holes... working in service of an ideology of pure a—holery... F— these a—holes. F— them sideways."

It's always fascinating to watch comedy shows cope with fresh tragedy. As Woody Allen said, "Comedy is tragedy plus time," but in these situations, no time has passed. So efforts can be jarring.

Saturday Night Live opted for a soft approach: It opened with cast member Cecily Strong, holding back tears, saying, "Paris is the City of Light, and here in New York City we know that light will never go out... We stand with you." She then



Oliver's profanity-laden diatribe resonates. GETTY IMAGES

repeated the message in French.

It was effective enough, but I found Oliver's approach more moving — and more workable. He was angry, and he meant it. But by repeating the profanities, he gave his audience space to laugh. Once he'd done that, he could slip in a joke: "It's important to remember, nothing

about what these a—holes are trying to do is going to work... If you are in a war of culture and lifestyle with France... you are f—ed."

Because he'd found a way into humor, his transition — "For now, we are going to continue with the rest of the show" — was less awkward than most.

IN BRIEFS
Prince cancels Euro tour

Prince has cancelled his European tour following the Paris attacks, his French production company confirmed on Monday.

The tour would have begun on Nov. 24 with Prince expected to be in Paris on Dec. 11 to play two shows at the historic Palais Garnier opera house.

A number of rock bands have also cancelled tour dates in France since the attacks including U2, Foo Fighters and Motorhead.

AFP

Movie premieres on hold

The terrorist attacks on Paris have put a few high-profile movie premieres on hold, including the Tom Hanks' film *Bridge of Spies* and Natalie Portman's film *Jane Got a Gun*.

Following the events of Nov. 13, Fox cancelled the Paris premiere of the Steven Spielberg-directed film *Bridge of Spies* which was scheduled for Monday.

Likewise, a press junket for Portman's *Jane Got a Gun* scheduled for Sunday and the movie premiere scheduled for Monday were called off. AFP

FRONTIER

Discovery Canada show casts Momoa

Game of Thrones star Jason Momoa will lead the cast in Discovery Canada's upcoming action-adventure show *Frontier*, the network's first original scripted series.

The new six-episode drama centres on the sometimes bloody struggle for wealth and power in the North American fur trade of the late 18th century.

The show is being shot in 4K resolution and production is underway in St. John's, Morrisburg, Ont., Louisbourg, N.S., and Cornwall, U.K.

Rob Blackie and Peter Blackie created the six-episode, one-hour drama.

Canadian director Brad

Peyton will helm the first two episodes.

The cast also includes Alun Armstrong, Landon Liboiron, Zoe Boyle, and Allan Hawco.

Canadian independent producers Take the Shot Productions and Factory Backwards are behind the show.

It will debut next year in Canada on Bell Media platforms including Discovery, Discovery GO and CraveTV, and on Netflix in international markets.

THE CANADIAN PRESS



Jason Momoa
GETTY IMAGES

Injured McDavid refusing to play the blame game

NHL

Oilers' ace is philosophical about debated Flyers incident

Connor McDavid won't say if it was clean hockey or a dirty play that cracked his clavicle and disjointed his season.

The 18-year-old Edmonton Oilers rookie was making his first comments Monday on the injury he received two weeks ago in a game against the Philadelphia Flyers.

McDavid was barrelling toward the net when he appeared to lose his edge or catch a rut in the ice, spilling him into the end boards with Brandon Manning and Michael Del Zotto, the two Flyers who were draped all over him.

The injury sparked heated debate among hockey fans and analysts over whether the Flyers grabbed McDavid on the way down or gave him an extra shove into the boards.

Oilers head coach Todd McLellan said it looked like a clean but unfortunate hockey play, while outspoken TV commentator Don Cherry said the Flyers took advantage of McDavid's vulnerable position to drive him into the boards.

Which was it, McDavid was asked by reporters Monday: Dirty or clean? "I don't really



The Edmonton Oilers' Connor McDavid speaks to media on Monday for the first time since his collarbone injury, which happened against the Philadelphia Flyers. JASON FRANSON/THE CANADIAN PRESS

want to touch too much on that," McDavid replied.

"I know there's been a little bit of debate on whether or not (it was a clean play)."

Did you get an extra push on the way down? he was asked.

"I'm not going to comment on that," he said again. "I'm

sorry." Overall he was philosophical about the injury that has him out until some time after the new year. "These things happen," he said.

"It's a fast game. It's hockey. People get hurt. Any time three guys go into the boards at that kind of speed, something is

bound to happen. I guess I kind of got the brunt of it."

McDavid says his recovery is going along as expected but wouldn't give a revised timeline for his return. He says he is free of the shoulder sling, that plates and screws are in the bone to help in the repair,

and that there is no damage to the shoulder, elbow or surrounding tissue.

"If there's any silver lining it's that it's nothing more than the (collar)bone," he said.

He has already begun riding the stationary bike to keep in shape while he rehabs the injury. The break derailed a promising start to the most anticipated rookie season in the NHL in a decade.



It's a fast game. It's hockey. People get hurt.

Connor McDavid

The Ontario-born teen has a combination of blazing speed, soft hands, and playmaking ability that has scouts touting him as a once in a generation player.

Injured in his 13th game, McDavid had been on a tear with five goals and 12 points.

He had proven himself the catalyst player on the Oilers, a team that has missed the playoffs for nine consecutive seasons and is once again struggling. Heading into Monday night's games, the Oilers (6-12-0) were last in the Western Conference and tied with Columbus in the cellar of the entire league.

THE CANADIAN PRESS

IN BRIEF

Canada moves up to 7th in basketball rankings

Canada has climbed two spots to seventh on the FIBA combined men's and women's world basketball rankings. The Canadian women won both the FIBA Americas Olympic qualifying tournament in Edmonton, and the Pan American Games in Toronto.

The men were third at their FIBA Americas tournament, enough to guarantee them a spot in a last-chance Olympic qualifying tournament next year.

The United States, Spain, France, Australia, Russia and Argentina continue to hold down the top six spots. THE ASSOCIATED PRESS

Bangkok race accidentally extended by four miles

An error by race organizers has made Bangkok home to the world's longest half-marathon.

Instead of the typical 21-kilometre run through Thailand's steamy capital, the Standard Chartered Bangkok Marathon on Sunday accidentally extended its annual half-marathon to nearly 28 kilometres.

The bonus kilometres came as a surprise to runners, who unleashed a tirade of complaints on social media after the event.

THE ASSOCIATED PRESS

Walters' double beats Bosnia and sends Ireland to Euro 2016 in France

Ireland qualified for next year's European Championship on Monday as Jonathan Walters returned from suspension to score both goals in a 2-0 win over Bosnia-Herzegovina and secure a 3-1 aggregate playoff win.

Walters converted a penalty in the 24th minute after Ervin Zukanovic's handball in the box. The Stoke forward all but confirmed Ireland's ticket to France with his second goal 20 minutes from full time to set off celebrations at the Aviva Stadium. THE ASSOCIATED PRESS



NFL

Osweiler in as Broncos rest 'disappointed' Manning



Broncos' QB Peyton Manning crouches on the sidelines during a game against Kansas. JUSTIN EDMONDS/GETTY IMAGES

Peyton Manning won't suit up against the Chicago Bears on Sunday. Broncos coach Gary Kubiak is going with backup Brock Osweiler as he tries to get his 39-year-old quarterback healthy.

"I'm disappointed that I'm injured," a sombre Manning said at his locker. "I'm disappointed in the game yesterday. I will try to take advantage of this week and try to get to feeling better and getting healthy."

Kubiak said he met with Manning for an hour Monday morning and told him of his decision — which Manning didn't like.

"I've never met a player who agreed to that," Kubiak said. "I mean, no, he's up there today and he wants to go, he wants to do everything he can for his football team. I tried to express to him my concern to getting him back to himself and feeling better and I think he understands the position I'm in."

Manning won't practice this week nor will he suit up against the Bears, when rookie Trevor Siemian will be Osweiler's backup, Kubiak said. Manning will spend lots of time with team athletic trainer Steve An-

tonopulos this week. "All the attention is toward getting him healthy," Kubiak said. Kubiak wouldn't speculate how long Manning might be out, saying, "our focus is not going past today or the Chicago Bears. We're all in this week as a football team to get better and get ready to go play."

Manning had the worst game of his career Sunday in Denver's 29-13 loss to Kansas City. He completed 5 of 20 passes for 35 yards with four interceptions and had a 0.0 passer rating. THE CANADIAN PRESS

NBA

Rookies making an early impact

Whether it was because of injury, a lack of talent around them or a lack of talent on their part, last year's rookie class in the NBA was one of the most forgettable in years.

It hasn't taken long for this year's crop of rookies to leave that class in the dust.

Karl-Anthony Towns has been a force on both ends for Minnesota. Jahlil Okafor is putting up monster offensive numbers in Philadelphia and Kristaps Porzingis has the Big Apple eating out of his hand.

Justise Winslow has been a defensive dynamo in Miami. Stanley Johnson looks like the perfect fit for Stan Van Gundy's system in Detroit and Emmanuel Mudiay may have earned the highest praise of them all when Jason Kidd predicted that the Denver Nuggets' point guard would have a better career than he did.

"I think this rookie class in general has shown skill level, but also poise beyond their years," Heat coach Erik Spoelstra said.

It's a stark contrast to last year when Minnesota's Andrew Wiggins had no competition for the rookie of the year award. Jabari Parker, Joel Embiid, Aaron Gordon, Julius Randle and Doug McDermott all struggled with injuries. Nik Stauskas and Noah Vonleh were both traded

DRAFT ORDER

1. **Karl-Anthony Towns**, PF/C, Minnesota
2. **D'Angelo Russell**, PG, L.A. Lakers
3. **Jahlil Okafor**, C, Philadelphia
4. **Kristaps Porzingis**, PF, New York
5. **Mario Hezonja**, SG/SF, Orlando
6. **Willie Cauley-Stein**, C, Sacramento
7. **Emmanuel Mudiay**, PG, Denver
8. **Stanley Johnson**, SF, Detroit
9. **Frank Kaminsky**, PF/C, Charlotte
10. **Justise Winslow**, SG/SF, Miami

last summer one year after being top-10 picks.

Towns, the No. 1 overall pick, has led the way, putting up point, rebound and block totals this early in his career that haven't been seen since Shaquille O'Neal's first season with the Orlando Magic. He is averaging 15.7 points, 10.3 rebounds and 2.3 blocks per game.

"I think about the things I'm asking him to do against the people I'm asking him to do it against and I have to always remind myself that he's 19," Wolves interim coach Sam Mitchell said, "that he should be a sophomore in college."

THE ASSOCIATED PRESS

Karl-Anthony Towns

GETTY IMAGES

IN BRIEF

Murray, Nadal win opening matches at ATP finals

Instead of practising on clay for this month's Davis Cup final, Andy Murray is playing on a hard court.

And he's winning.

The second-seeded Murray won his opening match at the season-ending ATP finals on Monday, beating David Ferrer 6-4, 6-4 less than two weeks before he will lead Britain against Belgium in the Davis Cup.

Later Monday, Rafael Nadal beat Stan Wawrinka 6-3, 6-2.

Nadal will face Murray on Wednesday, while Wawrinka takes on Ferrer.

THE ASSOCIATED PRESS

McDowell locked in during playoff to win OHL Classic

Graeme McDowell ended one of his worst years with one of his best shots.

Fortunate to even get into a playoff, McDowell ended it quickly with a 5-iron that grazed the edge of the cup on the 18th hole and settled 3 feet away for a birdie to win the OHL Classic at Mayakoba on Monday.

"I hit as good of a 5-iron as I could hit," McDowell said.

McDowell closed with a 5-under 66 to finish at 18-under 266, and he had to make an 8-foot par putt on the final hole for that.

THE ASSOCIATED PRESS

Mixed doubles being given a shot

CURLING

Format will debut at 2018 Winter Games

Mike McEwen quickly prepared a sports drink after he got off the ice Monday at the Wall Grain Mixed Doubles Classic curling tournament.

"I'm fuelling up here, I feel like I just had a workout on one side of my body," he said.

The mixed doubles game was a big switch for the Winnipeg skip, who threw and swept stones with wife Dawn McEwen at the Oshawa Curling Club. They were joined by a who's who of Canadian curlers, who are taking the discipline more seriously now that it's on the program for the 2018 Winter Olympics.

"The players are enjoying it, learning the new game and having fun with it," said Curling Canada mixed doubles program manager Jeff Stoughton. "They're trying to figure out what to do and that's the whole idea of this is to get these players some game-time experience."

Most players in the 20-team field are usually focused on the traditional four-person game. The mixed doubles format has been a refreshing change for many as it requires different strategies, heightened fitness levels and quicker decision-making.

While many curlers have at least dabbled with mixed doubles in the past, Stoughton estimated about half the teams were playing in a tournament for the first time. It's part of the buildup to the March 31-April 3



John Morris sweeps for teammate Rachel Homan in the Wall Grain Mixed Doubles Curling Classic at the Oshawa Curling Club in Oshawa, Ont., Monday. FRANK GUNN/THE CANADIAN PRESS

Canadian mixed doubles trials in Saskatoon and the world championships April 16-23 in Karlstad, Sweden.

McEwen, who's second behind Brad Gushue in the Canadian Team Ranking System, rarely sweeps when he plays the four-man game. But he was working the broom hard in an 11-4 victory over Janet and Hugh Murphy.

8

Only eight teams will make up the field at the 2018 Games.

"It's a lot more learning on the fly," McEwen said. "Getting your heart rate down after

you've just swept end to end on your own shot. So it's a very different game, a very different mindset."

There are fewer ends and a tighter shot clock in mixed doubles, so games last only about an hour and a half. There is no skip position and curlers have to leave the hack quickly to catch up to the stone to start sweeping. THE CANADIAN PRESS

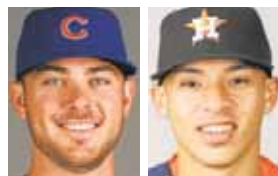
MLB

Bryant and Correa named top rookies

Chicago Cubs third baseman Kris Bryant was a unanimous pick as NL Rookie of the Year, and Houston Astros shortstop Carlos Correa was voted the AL honour.

Bryant made his debut on April 17 and became an NL all-star. The 23-year-old hit .275, leading big league rookies with 26 homers, 31 doubles and 99 RBIs as Chicago returned to the playoffs for the first time since 2008.

He received all 30 first-place votes for 150 points from the Baseball Writers' Association of



Kris Bryant and Carlos Correa
THE ASSOCIATED PRESS

America in balloting announced Monday. San Francisco third baseman Matt Duffy was second with 70 points and Pittsburgh infielder Jung Ho Kang third with 28 points.

Correa, the top pick in the 2012 amateur draft, made his debut June 8 and hit .279 with 22 homers, 68 RBIs and 14 steals, helping the Astros make their first post-season appearance in a decade. The youngest position player in the major leagues, he turned 21 in September.

Correa received 17 firsts and 13 seconds for 124 points. Cleveland shortstop Francisco Lindor was second with 13 firsts, 14 seconds and two thirds for 109 points, and Minnesota designated hitter Miguel Sano was

third with 20 points.

Houston's only previous Rookie of the Year was Jeff Bagwell, who won the 1991 NL honour. Bryant is the Cubs' sixth winner and first since catcher Geovany Soto in 2008.

Bryant and Correa each had the \$507,500 minimum salary in the majors. Chicago brought up Bryant after ensuring he cannot be a free agent until after the 2021 season, and Houston gave Correa his debut after making sure he won't be arbitration eligible until following the 2018 season. THE ASSOCIATED PRESS

RECIPE White Chili



PHOTO: MANA VISNTEI

Ceri Marsh & Laura Keogh
For Metro Canada



Is it wrong that we're kind of jealous of you getting to try this creamy, zesty twist on chilli for the first time?

Ready in

Prep time: 25 minutes

Serves 4**Ingredients**

- 1 lb chicken breast, cut into inch cubes
- 1 onion, diced
- 2 or 3 garlic cloves, minced
- 2 x 14 oz cans of cannellini beans
- 2 cups low-sodium chicken stock
- 2 Tbsps lime juice
- 1 tsp cumin
- 1 tsp oregano
- 1 Tbsp chili powder

- 1 cup greek yogurt
- Salt and pepper to taste
- 1/3 cup fresh cilantro for garnish

Directions

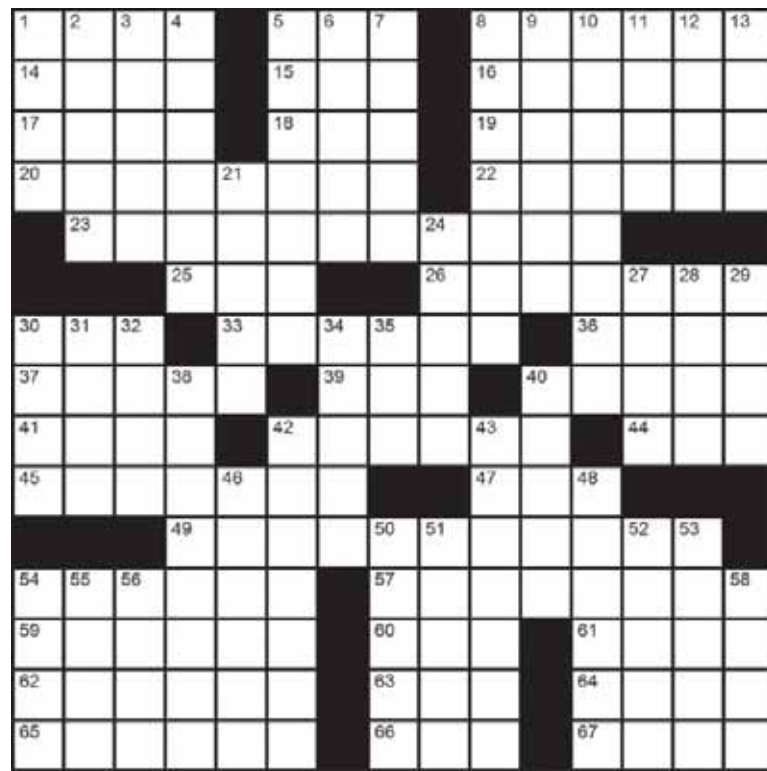
1. Brown the chicken over medium heat in small batches — don't worry about cooking it through. Remove from the pan and place on a plate. Set aside.
2. Sauté the onions and garlic until they start to smell fantastic. Now add the spices and let them cook for a minute or two. Add the beans, broth and add the chicken back. Simmer for about 20 minutes.
3. Turn the heat down and stir in the yogurt. Add the lime juice and salt and pepper to taste. Serve with a good sprinkling of cilantro.

FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. "Who Let the Dogs Out" by _ Men
5. Tank's filling
8. Thronged
14. Some brand name electronics
15. Old English letter
16. Visiting the Trevi Fountain or Colosseum: 2 wds.
17. Popular painting flower
18. Born, in society notices
19. "Casino" (1995) actress Ms. Stone
20. Puts on the kettle, drops a bag into the cup...: 2 wds.
22. Truthful
23. Stewart _ (Canadian co-founder of #33-Across)
25. Mystery novelist Ms. Grafton
26. Glow
30. Mr. Diesel
33. Photos-sharing website
36. Switchblade
37. Taylor Swift's "Shake _"
39. Shoe part
40. The South _ (Area near Montreal)
41. Neutral tone
42. French animal rights activist Brigitte
44. Hankering
45. Business school for Donald Trump
47. Red Chamber fig.
49. Russian-born Hollywood movie producer who headed MGM and is an honoured



member of Canada's Walk of Fame having been raised in Saint John, New Brunswick: first name + initial + surname

59. Approximately
60. Entries
61. Sea wolf
62. " _ Nights" (1997) starring Burt Reynolds and Mark Wahlberg
63. Spud-exporting prov.
64. 'Neat' and 'Beat'

suffices

65. Old Testament's Book of _
66. 'Heir' suffix
67. Faxed

DOWN

1. Hat part
2. "Don't be such

7. Bundle
8. Get what someone said wrong
9. Waiting to be connected: 2 wds.
10. Wield, as a knife
11. Drill hole
12. Goth music fans
13. Car ding
21. Things
24. Galled
27. Yo! from a yacht
28. Get weary
29. Level
30. Perspective
31. Longing
32. Ms. Ephron
34. Frances _ (Belleville, ON born writer who is a Member of the Order of Canada. Her bestsellers include Deafening and #51-Down.)
35. _ anglais (English horn)
38. Soldier's temporary leave
40. Place
42. City in Colorado
43. Gradual method of learning
46. \$2 coin
48. Stockings
50. R.E.M. singer Michael
51. Remembering the _ (Novel by #34-Down)
52. Spooky
53. _ ' _ Roll
54. Pig in the movies
55. Cupid's Greek counterpart
56. Height measurement
58. Brewer's kiln

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
If there's something about your situation that you don't like there's nothing stopping you from changing it. But first, ask yourself if you really dislike it or if you're just bored.

Taurus April 21 - May 21
Something will happen that catches you by surprise. It may not be an enjoyable one but if you are honest with yourself you'll admit that you needed a kick to get moving again.

Gemini May 22 - June 21
It may feel as if you are running out of time but it isn't true. Time never runs out — there will always be another chance, and another after that, a bit further down the road. Don't put so much pressure on yourself.

Cancer June 22 - July 23
Don't let other people's cautious ways hold you back from trying something new. Taking chances pays off for you more often than not, so follow your instincts.

Leo July 24 - Aug. 23
As a general rule you don't like surprises but what happens next will not only surprise you but please you as well. If you are invited to a social event you must go.

Virgo Aug. 24 - Sept. 23
Look for ways to settle a dispute agreeably today. If you allow it to drag on it may distract you from more important things. Even if you are the one who is owed an apology it will pay you to say sorry yourself.

Libra Sept. 24 - Oct. 23
You won't be able to please everyone today, so decide who is of most importance to you and focus on doing what makes them feel good. Better yet, do what makes you feel good.

Scorpio Oct. 24 - Nov. 22
Give a helping hand with no thought of reward. With the Sun in your sign chances are you don't want for anything but not everyone is as fortunate as you, so spread a little joy.

Sagittarius Nov. 23 - Dec. 21
You want to be dynamic but something seems to be holding you back. Wait until the Sun moves into your sign on the 22nd, then you can be sure that you are doing the right thing and making the right moves.

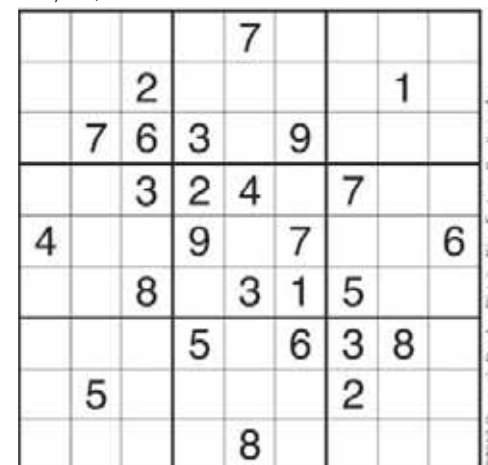
Capricorn Dec. 22 - Jan. 20
It may seem as if certain things are beyond your control. Don't get depressed about it. Life moves in cycles and if you are on a downward curve you'll be on an upward curve soon.

Aquarius Jan. 21 - Feb. 19
All routes lead to your ultimate destination, so don't think you have to change direction if you are not making as much progress as you would like. It's not where you go but what you learn along the way that matters.

Pisces Feb. 20 - March 20
Someone will make you the kind of offer you find hard to believe but if you don't take it seriously you will kick yourself later when you realize that it was on the level.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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ON SELECT

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